

| Swimmer Profile | |
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| Name: Ben Smith | Age: 15 |
| Club: Wharenui | Coach: Martin Harris |
| About | |
| Greatest achievement in swimming: Getting 2 nd in 200 fly 13-14 at Short Course 2015. | |
| Major goals for the next 2 years: Get another medal at a National Meet. | |
| What is your pre-race ritual? Stretch. | |
| If you could only eat one thing for the rest of your life what would it be? Yogurt. | |
| Who or what inspires you and why? Richie McCaw because of what he's achieved and how humble he is about his achievements'. | |
| School/University/subjects/company/position? St Andrews College | |